

Code No. **05 X (C)**

COMMERCE EXAMINATIONS
ENGLISH TYPEWRITING
JUNIOR GRADE – I Paper (Speed)

January, 2018

{ Time : 15 minutes
{ Max. Marks : 100

Instructions to the Candidates :

1. Type the following passage in DOUBLE LINE spacing.
2. Typewrite only on ONE SIDE of the paper.
3. Set the margins at 10 and 75 degrees.
4. Special attention should be paid to accuracy and neatness of execution.

In the world of today temptations and attachment attack a person on all sides. Such a way that it seems almost impossible for him to live without being influenced by the ups and downs of life. For happiness it is essential that he must do all within his power to live in peace amidst tension and worry. He just like the swan which swims on the lake. But when is flies out of it, not a single drop of water clings to her feather. Here are some proved

positive steps to drive out inferiority complex. The users in supreme confidence in its place. Much of the difficulty in human relationships arises from the fact. The people find fault with others without finding out the qualities that help to make living together. This is a wrong attitude which merely reflects their frustrations. It contributes to their suffering from painful emotional disturbance for trivial things. Have faith in yourself and believe in your

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ability. Change your mental outlook to achieve emotional balance. Do not remain critical, instead become creative, develop confidence in yourself. While attempting to make or to achieve something if you expect trouble that is what you will get. Therefore form a clear picture of success in the mind and you will meet with it in life. Shape your new life by deliberately making your thoughts positive. By holding them to sink down deep into the subconscious. You are either building or destroying your health every day by the kind of thoughts you entertain.

Thoughts are the invisible builders of your destiny. Replace thoughts of defeat, fear, jealousy and revenge with constructive thoughts.

Otherwise you will feel all the time depressed and tired. People who are positive thinkers cannot be worried persons since those two mental conditions are opposed to each other. Stop worrying and start living. Many illness like ulcer in the stomach, the loss of appetite, nervous breakdown, high blood pressure attack the man who look anxious or troubled. Stress is essentially the mate of all the wear and tear caused by life.

If you relax the body, your mind will become calm and you will cope with the stresses and strain of life. The life is the secret of your health. How to leave joyfully in life ? You must live in the peace mind and enjoy peacefully.

